

MN OPERA

TWIN CITIES VISITOR GUIDE



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MAIL, POST OFFICE, & PACKAGES

MAILING ADDRESS

Your mailing address is:

Your Name
c/o Minnesota Opera
620 North First Street
Minneapolis, MN 55401
USA

You may receive a fax care of Minnesota Opera at (612) 333-0869. Be sure to have the sender include your name on the cover sheet.

POST OFFICE

Main Post Office

100 South First Street
Minneapolis, MN 55401
(down 1st Street, just past Hennepin Ave.)

Phone: (612) 349-4713
Website: www.usps.com
Hours: Monday – Friday, 7:00a – 8:00p
Saturday, 9:00a – 1:00p
Sunday, Closed

An off-street parking lot is available for postal customers.

PACKAGE SHIPPING

FedEx Dropbox

ITASCA Building Lobby
708 North First Street, Minneapolis
(3 doors down from Opera Center)
Monday – Friday 7:00p Pick-Up Time
Package must fit in drop box.

UPS Dropbox

ITASCA Building Lobby
708 North First Street, Minneapolis
(3 doors down from Opera Center)
Monday – Friday 7:00p Pick-Up
Package must fit in drop box.

UPS Store

Minneapolis City Center
40 South 7th Street, Suite 212 (Skyway Level)
Minneapolis, MN 55402

Hours: Monday – Friday, 8:00a – 6:00p
Saturday, Closed
Sunday, Closed

Pick-Up Times: Monday – Friday, 4:30p

TRANSPORTATION

TAXIS

Yellow Cab

Serving Twin Cities metropolitan area and suburbs
Phone: (612) 644-6569
Website: <http://www.yellowtaxicabmn.com/>
Online reservations available

SuperShuttle

Serving Twin Cities metropolitan area and suburbs
Phone: (612) 713-7488
Website: <https://booking.supershuttle.com/?RezMode=1>
Online reservations available

METRO TRANSIT

Buses and Light Rail
Serving Twin Cities metropolitan area and suburbs
Website: www.metrotransit.org
Online trip planner and Metro Transit App available
Phone: (612) 373-3333

Uber, Lyft, and other app-based ride hailing apps are popular in the area and available on demand via the corresponding mobile application or website.

BICYCLE SHARING/RENTAL

Lime: <https://www.li.me/>
Veo: <https://www.veoride.com/>
Rent electronic bikes & scooters from freestanding locations around the twin cities. Note that it is illegal in Minneapolis to ride electronic scooters on city sidewalks.

BANKING

BANK

US Bank

30 4th Street NE
Minneapolis, MN 55413
Phone: (612) 378-7101
Website: www.usbank.com
Hours: Monday – Friday, 9:00a – 5:00p
Saturday, 9:00a – 1:00p
Sunday, Closed

You may cash checks at US Bank for a fee of approximately \$10 and with proper identification.

Wells Fargo Bank

615 N 7th St.
Minneapolis, MN 55411
Phone: (612) 667-1907
Website: www.wellsfargo.com
Hours: Monday – Friday, 9:00a – 6:00p
Saturday, 9:00a – 2:00p
Sunday, Closed

You may cash checks at Wells Fargo for a fee of approximately \$10 and with proper identification.

ATMs

Fifth Avenue Market

201 N 5th Ave
Minneapolis, MN 55401
Call for store hours: (612) 332-2221

Sunrise Banks (24-Hour)

525 N Washington Ave,
Minneapolis, MN 55401

Copham

607 North Washington Avenue
Minneapolis, MN 55401

HEALTH & FITNESS

HEALTH CLUBS / GYMS

Towne Place Suites by Marriott

Guests at the Towne Place Suites may use the fitness room free of charge. Your room key will give you access.

North Loop Fitness

800 Washington Avenue North, Suite 108
Minneapolis, MN 55401
Rob Duggan, Owner/Head Trainer
Email: contact@northloopfitness.com
Website: www.northloopfitness.com
Phone: (612) 250-4025
Reasonable monthly rates. Mention that you are a Minnesota Opera artist.

Barry's

701 N Washington Ave
Minneapolis, MN 55401
Website: www.barrys.com
Phone: (612) 470-4141

Lifetime Fitness Target Center

600 1st Avenue North
Minneapolis, MN 55401
Website: www.lifetimefitness.com
Phone: (612) 486-3600

YMCA Downtown Minneapolis

30 South 9th Street
Minneapolis, MN 55402
Website: www.ymcatwincities.org
Phone: (612) 371-9622

Orangetheory Fitness

411 Washington Ave N
Minneapolis, Minnesota 55401
Website: <https://www.orangetheory.com/en-us/>
Phone: (612) 217-8665

YOGA/BARRE

CorePower Yoga

501 S Washington Ave Suite 200,
Minneapolis, MN 55415
Website: <https://www.corepoweryoga.com/yoga-studios/minnesota/minneapolis/downtown-minneapolis>
Drop in classes available

Pure Barre

300 South Second Street, Suite 2
Minneapolis, MN 55401
Website: <https://www.purebarre.com/location/downtown-minneapolis-north-loop-mn>

DOCTORS

MEDICAL EMERGENCY

If you encounter a medical emergency, dial **911** for emergency services.

Abbott Northwestern Emergency Room

800 East 28th Street
Minneapolis, MN 55407
Phone: (612) 863-4233
Open 24 Hours / 7 Days a week

Hennepin County Medical Center Emergency Room

Level 1 Trauma Center

701 Park Avenue
Minneapolis, MN 55415
Phone: (612) 873-3000
Open 24 Hours / 7 Days a week

URGENT CARE

The Urgency Room

3010 Denmark Avenue
Eagan, MN 55121
Phone: (651) 789-9900
Website: www.urgencyroom.com
Hours: 8:00a – 9:00p, 365 days a year
Online & In-Person Care
*Schedule your visit online

The UR specializes in the treatment of serious injuries and illnesses in adults, children, and infants. Staffed with emergency room doctors. Onsite CT, ultrasound, x-ray, high complexity lab, and sedation for adults and children.

North Memorial Urgent Care – Roseville

1835 County Road C West, Suite 150
Roseville, MN 55113
Phone: (763) 783-6200
Website: <http://www.northmemorial.com/north-memorial-urgent-care---roseville>
Hours: Monday – Friday, 8:00a – 7:00p
No appointment needed
Staffed by medical doctors, Urgent Care specializes in treating illnesses and minor injuries. Basic lab work and x-ray onsite.

GENERAL/FAMILY PRACTICE

University of Minnesota Physicians Mill City Clinic

Zenith Condominium Building
901 South 2nd Street, Suite A
Minneapolis, MN 55414 (across from Guthrie Theater)
Appointments: (612) 338-1383
Dr. Halberg's Nurse: (612) 339-1533
Website: <https://mphysicians.org/our-clinics/mill-city-clinic>
Hours: Monday – Friday, 8:00a – 5:00p
Saturday, 8:00a – 12:00n
Sunday, Closed

GENERAL/FAMILY PRACTICE Continued...

Hennepin County Medical Center North Loop Clinic & Pharmacy

800 Washington Ave N, Suite 190
Minneapolis, MN 55401 (walking distance from Opera)
Appointments: (612) 873-6963
Website: www.hcmc.org/clinics/NorthLoopClinic
Hours: Monday - Wednesday, 7:00a – 7:00p
Thursday & Friday, 7:00a – 5:00p
Walk-in appointments available

Park Nicollet Clinic Minneapolis

2001 Blaisdell Avenue South
Minneapolis, MN 55404
Appointments: (952) 339-1533
Website: www.parknicollet.com/Locations/Clinics/Minneapolis
Hours: Monday – Friday, 7:00a-5:00pm

EAR, NOSE, AND THROAT DOCTORS

Lion's Voice Clinic at University of Minnesota

Dr. George S. Goding and Dr. Stephanie Misono
Department of Otolaryngology, 8th Floor
Philips-Wangensteen Building
516 Delaware Street South-East
Minneapolis, MN 55455
Appointments: (612) 626-5900
Dr. Goding's Nurse: (612) 624-0189
Website: <http://www.lionsvoiceclinic.umn.edu/>

Park Nicollet Clinic St. Louis Park

Dr. Margaret (Shelly) Browning Holmgren
3800, 3850, and 3900 Park Nicollet Blvd.
St. Louis Park, MN 55416
Appointments: (952) 993-2761
Dr. Browning's Nurse: (952) 993-3851
Website:
<http://www.parknicollet.com/locations/clinics/st-louis-park>

Ear, Nose, & Throat Specialty Care of Minnesota

Dr. Jon Thomas, Dr. Michael Johnson, Dr. Jeffrey Manlove, Dr. Michelle Naylor, & Dr. Geoffrey Service
347 North Smith Avenue, #602 (next to United Hospital)
St. Paul, MN 55102
Appointments: (651) 227-0821
Website: www.entsc.com

OBSTETRICS/GYNECOLOGY

Clinic Sofia

Dr. Donna Block, Dr. Jewelia Wagner, Dr. Kellie Stecher,
and Dr. Jennifer Somilinski
6545 France Avenue South, Suite 490
Edina, MN 55434
24 Hour Phone: (952) 922-7600
Website: www.clinicsofia.com
Hours: Monday, 8:30a – 5:00p
Tuesday, Wednesday, Thursday, 8:00a – 5:00p
Friday, 8:00a – 12:00n

Women's Health Consultants

10 Physicians (all women)
TFC Tower, Suite 600
121 South 8th Street
Minneapolis, MN 55402
Phone: (612) 333-4822
Website: www.womenshealthconsultantsmn.com
Hours: Monday – Friday, 8:00a – 4:00p

PEDIATRICIANS

Children's Hospitals & Clinics of Minnesota

General Pediatric Clinic – Minneapolis

2530 Chicago Avenue
(across the street from Abbott Northwestern Hospital)
Minneapolis, MN 55404
Appointments: (612) 813-6107
Website: www.childrensmn.org
Hours: Monday – Friday, 7:40a – 5:00p
Saturday – Sunday, Closed

Children's Hospitals & Clinics of Minnesota

General Pediatric Clinic – St. Paul

345 North Smith Ave (next to United Hospital)
St. Paul, Minnesota 55102
Appointments: (651) 220-6807
Website: www.childrensmn.org
Hours: Monday – Thursday, 8:00a – 8:00p
Friday, 8:00a – 5:00p
Saturday – Sunday, Closed

DENTIST

Personal Care Dentistry

Dr. Walter Hunt, Dr. Kyle Hunt, Dr. Andrew Heinisch
2233 North Hamline Avenue, Suite 320
Roseville, MN 55113
Phone: (651) 636-0655
Website: www.personalcaudentistry.com
For after-hours/24 hour emergency care, call the main phone
number and listen to the voice mail prompts for further
information.

Loop Dental

Dr. David Bates, Dr. Katie Hannon, Dr. Geoff Sudit
207 5th Ave N
Minneapolis, MN 55401
Phone: (612) 470-4047
Website: <https://loopdentalmn.com/>

EYE DOCTORS (OPHTHALMOLOGISTS / OPTOMETRISTS)

St. Paul Eye Clinic

North Central Professional Building, Suite 110
2680 Snelling Avenue North
Roseville, MN 55113
Phone: (651) 631-2922

ORTHOPEDICS

Tria Acute Injury Clinic

8100 Northland Drive
Bloomington, MN 55431
Phone: (952) 831-8742
Walk-in, no appointment necessary
Website: <http://tria.com/services/acute-injury-clinic/>
Hours: 7 Days a week, 8:00a – 8:00p

MASSAGE THERAPY

Halo Healing Therapies Co.

514 N 3rd Street, Ste. 205
Minneapolis, MN 55401
Phone: (612) 251-6495
Website: <https://halohealingtherapies.com/>
Hours: Monday – Saturday, 8:00a – 9:00p
Sunday, 8:00a – 6:00p
By appointment only

Beautiful Life Bodywork

Amy Sirivie, Clinical Massage Therapist
University Ave W, between Raymond & Vandalia
St. Paul, MN 55114
Phone: (612) 440-7189
Email: Amy@BeautifulLifeBodyWork.com
Website: www.beautifullifebodywork.com
Hours: Tuesday, Thursday, Friday 9:00a – 7:30p
Wednesday 9:00a – 5:30p
Saturday 9:00a – 5:00p

Extra hours and special rates available for MN Opera Artists & Staff. Address and building access info will be provided upon booking a session. Amy, herself a regular performer with MN Opera, provides clinical and relaxation bodywork that is therapeutic, intuitive, and thorough. Customized sessions which resonate with natural healing systems to restructure the soft tissue and restore a healthy disposition.

Remedy Healing Arts

Sherie Tazelaar, M.A.
2950 Ulysses St NE
Minneapolis, MN 55418
Phone: (612) 607-2544

CHIROPRACTOR

Dr. Bob Shepard
(612) 872-9133
401 Groveland Ave
Minneapolis, MN 55403
Dr. Bob treats many members of the Minnesota Opera staff. Identify yourself as an Opera artist when calling for an appointment and he will fit you in as soon as possible.

PHARMACIES

North Loop Clinic & Pharmacy

800 Washington Ave N, Suite 190

Minneapolis, MN 55401

Phone: (612) 352-5710

Website: <https://www.hennepinhealthcare.org/clinic/north-loop-clinic-and-pharmacy/>

Hours 8:30a – 5:00p, Monday – Friday

Closed 1:00p – 1:30p & Weekends

Lunds Pharmacy

Inside Lunds Grocery Store

25 University Avenue SE

Minneapolis, MN 55414

Phone: (612) 548-3835

Hours: 8:00a – 9:00p, Monday – Friday

9:00a – 5:00p, Saturday – Sunday

Walgreens – Broadway (nearest store)

621 W Broadway Avenue

Minneapolis, MN 55411

Phone: (612) 522-2383

Website: www.walgreens.com

Store Hours: 8:00a – 10:00p, Daily

Pharmacy Hours: 9:00a – 9:00p, Monday – Friday

10:00a – 6:00p, Saturday - Sunday

Walgreens – Central Avenue NE

(nearest 24-hour store)

2643 Central Avenue NE

Minneapolis, MN 55418

Phone: (612) 789-6251

Website: www.walgreens.com

Store Hours: 24 Hours / 7 Days a week

Pharmacy Hours: 8:00a – 10:00p, Daily

GROCERIES

Whole Foods Market – Minneapolis

222 Hennepin Avenue

Minneapolis, MN 55401

Phone: (612) 313-7100

Website: www.wholefoodsmarket.com/stores/hennepin

Free parking ramp available – entrance on 1st Avenue

Trader Joe's – Minneapolis

721 Washington Ave. S.

Minneapolis, MN ZIP 55415

Phone: (612) 339-2100

Hours: 8:00a – 9:00p, daily

Additional Services:

Beer, Wine, Liquor Store

Hours: 8:00a – 9:00p, Monday – Saturday

11:00a – 6:00p, Sunday

Lunds & Byerlys – University & Central

25 University Avenue SE

Minneapolis, MN 55414

Phone: (612) 548-3820

Website: <http://www.lundsandbyerlys.com/>

Free parking ramp available – entrance on 4th Street

Additional Services:

Pharmacy (612) 548-3835

White Way Cleaners (612) 436-2290

Caribou Coffee

Bachman's Flowers

Cub Foods – Lake Street

2850 26th Ave. S.

Minneapolis, MN 55406

Phone: (612) 721-0906

Website: www.cub.com

Kowalski's Market – Uptown

2440 Hennepin Avenue

Minneapolis, MN 55405

Phone: (612) 377-3448

Website: <http://www.kowalskis.com/>

LIQUOR STORES

*The State of Minnesota does not allow liquor sales after 6:00p on Sundays

Underground Leaf & Vine *(Soon to be Itasca Liquor)*

706 N 1st St Suite 100
Minneapolis, MN 55401
Hours: 11:00a – 8:00p, Monday – Saturday
11:00a-6:00p, Sunday
Just a few doors down from the Opera Center!

Surdyk's Liquor and Cheese Shop

Wine, Liquor, Beer, Sake, Cheese Shop, and Deli
303 East Hennepin Avenue
Minneapolis, MN 55414
Phone: (612) 379-3232
Cheese Shop: (612) 379-9757
Website: www.surdyks.com
Hours: 9:00a – 9:00p, Monday – Thursday
9:00a – 10:00p, Friday – Saturday
Closed Sunday
Free parking lot available

North Loop Wine & Spirits – Minneapolis

218 Washington Ave. N
Minneapolis, MN 55401
Phone: (612) 338-5393
Hours: 9:00a – 9:00p, Monday – Saturday
11:00a – 6:00p, Sunday

Whole Foods Market – Minneapolis

Wine and Spirits Store – see above Groceries section

Kowalski's Market – Uptown

Wine Store – see above Groceries section

Trader Joe's – Minneapolis

Beer, Wine, & Liquor Store – see above Groceries section

MALLS AND SHOPPING CENTERS

Mall of America

60 East Broadway
Bloomington, MN 55425
Phone: (952) 883-8800
Website: www.mallofamerica.com
Hours: Vary – see website or call for hours

Largest indoor shopping mall in America with Nickelodeon Universe amusement park in the center. Anchor stores are Macy's and Nordstrom. Wide variety of specialty stores and restaurants.

Rosedale Center (Shopping Mall)

10 Rosedale Center
Roseville, MN 55113
Phone: (612) 633-0872
Website: www.myrosedale.com
Hours: Vary – see website or call for hours

Indoor shopping mall. Anchor stores are Von Maur, Macy's, and JC Penney. Variety of specialty stores and restaurants.

Nicollet Pedestrian Mall

Pedestrian mall in downtown Minneapolis, home to Saks Fifth Avenue Off 5th Outlet and Target. Additional specialty stores.

Target – Nicollet Mall
900 Nicollet Mall, Minneapolis
Phone: (612) 338-0085

Saks Fifth Avenue Off 5th Outlet
655 Nicollet Mall, Minneapolis
Phone: (612) 333-7200

The Quarry

Strip mall containing Target, Home Depot, 5 Below, Cub Foods (grocery), Michaels, Office Depot, and Petsmart.

Target – The Quarry
1650 New Brighton Blvd.
Minneapolis, MN 55413
Phone: (612) 781-7033

RESTAURANTS

NORTH LOOP/OPERA CENTER NEIGHBORHOOD

In the Loop Coffee Company

708 North 1st Street – in the ITASCA building
Minneapolis, MN 55401
Phone: (612) 479-9300
Website: www.intheloopcoffee.com
Hours: 7:00a – 6:00p, Monday – Saturday
Closed Sunday

Great place to grab a coffee, tea, smoothie, soup, sandwich, or pastry and it's just a few doors down from the Opera Center. Order online or through the Jump! Coffee app.

Backstory Coffee Roasters

528 Washington Avenue North
Minneapolis, MN 55401
Phone: (651) 528-7543
Website: <https://backstory.coffee/>
Hours: Daily, 7:00a – 5:00p

Full selection of classic espresso beverages, batch brew and pourovers, cold brew, seasonal specialties, and pastries. Order ahead is available.

Crisp & Green

428 North Washington Avenue
Minneapolis, MN 55401
Phone: (612) 545-5120
Website: www.crispandgreen.com
Hours: 10:30a – 9:00p, Daily

Enjoy made-from-scratch soups, salads, grain bowls and smoothies.

Fairgrounds Coffee & Tea

120 3rd Avenue North
Minneapolis, MN 55401
Phone: (612) 333-9165
Website: www.fairgrounds.cafe
Hours: 8:00a – 3:30p, Daily

Showcasing a myriad of coffee and tea varieties, sourced from the best brands around the globe.

Fuzzy's Taco Shop

701 N. Washington Ave, Suite 125
Minneapolis, MN 55401
Phone: (612) 208-1547
Website: <https://fuzzystacoshop.com/>
Hours: 8:00a – 10:00p, Daily

Chain taco shop offering chicken, fish, and pork based tacos, bowls, and sides. Full bar

The Freehouse

701 North Washington Avenue #101
Minneapolis, MN 55401
Phone: (612) 339-7011
Website: www.freehousempls.com
Hours: 11:00a – 10:00p Monday – Thursday
11:00a – 1:00a, Friday
9:00a – 1:00a, Saturday
9:00a – 10:00p, Sunday

Buzzy brewpub serving both housemade & other beers plus a menu of gastropub fare in a slick space.

Black Sheep Pizza

600 Washington Avenue North (corner of 6th Ave N)
Minneapolis, MN 55401
Phone: (612) 342-2625
Website: www.blacksheeppizza.com
Hours: 11:00a – 10:00p, Sunday – Thursday
11:00a – 11:00p, Friday – Saturday

Coal fired pizza. Eat-in, take-out, or delivery available.

PURALIMA Cantina

548 N Washington Ave, Suite 103
Minneapolis, MN 55401
Phone: (612) 355-8957
Website: <https://puralima.com/>
Hours: Sunday – Thursday, 10:30a – 10:00p
Friday – Saturday, 10:30a – 12:00a

Mexican fare similar to Chipotle in that you design-your-own burritos, tacos, bowls, & salads. Alcoholic beverages are also sold on the premises. Order ahead & pickup is available.

Graze Food Hall by Travail

520 N 4th St.
Minneapolis, MN 55401
Phone: (612) 354-7450
Website: <https://northloopgalley.org/>
Hours: 11:00a – 7:00p, Monday – Thursday
11:00a – 12:00a, Friday – Sunday

Industrial-style marketplace offering an eclectic array of food stands, plus cocktails, wine & beer.

Smack Shack

603 Washington Avenue North (corner of 6th Ave N)
 Minneapolis, MN 55401
 Phone: (612) 259-7288
 Website: www.smack-shack.com
 Brunch Hours: 10:00a – 2:00p, Saturday – Sunday
 Lunch Hours: Beginning at 11:00a Daily
 Dinner Hours: Beginning at 5:00p Daily
 Happy Hour: 3:00p – 6:00p, Monday – Friday
 10:00p – Close, Sunday - Thursday

Casual and coastal cuisine from across the United States. Alaskan king crab, wild salmon, po'boys, shrimp, lobster roll, etc. Wine, beer, and cocktails.

The Loop

606 Washington Avenue North (corner of 6th Ave N)
 Minneapolis, MN 55401
 Phone: (612) 340-0010
 Website: www.theloopmpls.com
 Hours: Monday – Thursday, 11:00am – 12:00am
 Friday, 11:00am – 2:00am
 Saturday, 10:00am – 2:00am
 Sunday, 10:00am – 12:00am

Assorted American fare: appetizers, soups, salads, burgers, meat, seafood, and dessert. Classic weekend brunch menu. Wine, beer, and cocktails. Delivery available.

Additional North Loop Neighborhood Dining Options

Visit the North Loop Neighborhood Website for additional dining suggestions: www.northloop.org

DOWNTOWN ST. PAUL/ORDWAY NEIGHBORHOOD**St. Paul Grill**

350 Market Street (in the St. Paul Hotel)
 St. Paul, MN 55102
 Phone: (651) 224-7455
 Website: www.stpaulgrill.com
 Brunch Hours: 10:30a – 2:00p, Sunday
 Lunch Hours: 11:00a – 2:00p, Monday – Saturday
 Dinner Hours: 5:30p – 10:00p, Monday – Thursday
 5:30p – 11:00p, Friday
 5:00p – 11:00p, Saturday

Sakura Restaurant and Bar

350 St. Peter Street (corner of W 4th St)
 St. Paul, MN 55102
 Phone: (651) 224-0185
 Website: www.sakurastpaul.com
 Hours:
 11:30a – 2:30p & 5:00p – 10:30p, Monday – Thursday
 11:30a – 2:30p & 5:00p – 11:00p, Friday – Saturday
 12:00n – 2:30p & 4:30p – 9:30p, Sunday
 Happy Hour: 4:00p – 6:00p (except holidays)

Japanese and Sushi. Extensive wine, beer, sake, and spirits. Take-out available. Minnesota Opera opening night “Tempo After Parties” are held here.

Chipotle Mexican Grill

29 West 5th Street West
 St. Paul, MN 55102
 Phone: (651) 291-5411
 Website: www.chipotle.com
 Hours: 10:45a – 10:00p, Monday – Sunday

Fast-food chain offering Mexican fare, including design-your-own burritos, tacos & bowls.

Meritage

410 St. Peter Street (between W 6th St. and W 7th Place)
 St. Paul, MN 55102
 Phone: (651) 222-5670
 Website: www.meritage-stpaul.com
 Brunch Hours: Beginning at 10:00a, Saturday – Sunday
 Lunch Hours: Beginning at 11:00a, Tuesday – Friday
 Dinner Hours: Beginning at 5:00p, Tuesday - Sunday
 Happy Hour: 3:30p – 5:30p, Tuesday – Thursday
 Closed Monday

Menu pays homage to the traditional plates of a French brasserie, utilizing seasonal, local ingredients.

Cosetta

211 7th St W
 St. Paul, MN 55102
 Phone: (651) 222-3476
 Website: <https://cosettas.com/>
 Italian Market Hours: Daily, 10:00a – 8:00p
 Eatery & Pizzeria Hours: Daily, 11:00a – 9:00p
 Frank's Hours: Monday – Thursday, 4:00a – 9:00p
 Friday, 4:00p – 10:00p
 Saturday, 12:00p – 10:00p
 Sunday, 12:00p – 9:00p
 Cosetta Pasticceria Pastries & Gelato Hours:
 Daily, 10:00a – 9:00p
 Louis Ristorante Hours: Monday – Thursday, 4:00p – 9:00p
 Friday, 4:00p – 10:00p
 Saturday, 12:00n – 10:00p
 Sunday, 12:00n – 9:00p

Part of an Italian food complex, this cafeteria-style setup serves classic pastas, hot subs, & pizza.

ENTERTAINMENT

MUSEUMS

Walker Art Center and Sculpture Garden

1750 Hennepin Avenue
Minneapolis, MN 55403
Phone: (612) 375-7600
Website: www.walker.org

Internationally recognized as a leading arts venue, the Walker Art Center presents contemporary visual arts and design exhibitions; dance, theater, and music performances; and film screenings. The 11-acre Minneapolis Sculpture Garden features more than 40 works from the Walker's renowned collection.

Minneapolis Institute of Arts

2400 3rd Avenue South
Minneapolis, MN 55404
Phone: (888) 642-2787
Website: www.new.artsmia.org

Three floors of galleries featuring art from all genres, periods, and cultures. Admission is always free!

Science Museum of Minnesota

120 West Kellogg Boulevard
St. Paul, MN 55102
Phone: (651) 221-9444
Website: www.smm.org

Featuring a variety of permanent and special exhibits and performances of Science Live Theater.

Minnesota Children's Museum

10 7th Street West
St. Paul, MN 55102
Phone: (651) 225-6000
Website: www.mcm.org

Hands-on exhibits for children. Baby and toddler friendly activities.

Minnesota History Center

345 West Kellogg Boulevard
St. Paul, MN 55102
Phone: (651) 259-3000
Website: www.minnesotahistorycenter.org

Interactive museum with both permanent and changing exhibits, the Minnesota History Center hosts concerts, lectures, family days, and other special events. Also home to the Minnesota Historical Society library and archives.

CLASSICAL MUSIC

Minnesota Orchestra

Orchestra Hall
1111 Nicollet Mall
Minneapolis, MN 55403
Phone: (612) 371-5600
Website: www.minnesotaorchestra.org

St. Paul Chamber Orchestra

Ordway Center for the Performing Arts
345 Washington Avenue
St. Paul, MN 55102
Phone: (651) 291-1144
Website: www.thespc.org
See website for additional performance venues

STAGE THEATERS

Guthrie Theater

818 South 2nd Street
Minneapolis, MN 55414
Box Office: (612) 377-2224
Website: www.guthrietheater.org

Theater company well known for its regional, national, and international productions. The Guthrie facility features three theaters, a full service restaurant, lounge with a bar and snack menu, and multiple public lobbies and gathering spaces.

Children's Theatre Company

2400 3rd Avenue South
Minneapolis, MN 55404
Box Office: (612) 874-0400
Website: www.childrenstheatre.org

Children's Theatre Company creates extraordinary theatre experiences to educate, challenge, and inspire young people and their communities.

Theater Latté Da

345 13th Ave NE
Minneapolis, MN 55413
Box Office: (612) 339-3003
Website: <https://www.latteda.org/>

Theater Latté Da creates new and impactful connections between story, music, artist, and audience—exploring and expanding the art of musical theater.

Hennepin Theatre Trust

Managing the Orpheum, Pantages, State, and New Century Theatres in downtown Minneapolis, the Hennepin Theatre Trust features a busy Broadway season and various other special events.
Website: www.hennepintheatretrust.org
Box Office: (800) 859-7469

MOVIE THEATERS

The Main Cinema

115 SE Main Street
Minneapolis, MN 55414
(across Hennepin Ave Bridge from Opera Center)
Phone: (612) 331-4732
Website: <https://mspfilm.org/showtimes/>

Landmark Theatres Lagoon Cinema

1320 Lagoon Avenue
Minneapolis, MN 55408
Phone: (612) 823-3020
Website: www.landmarktheatres.com

Theatres at Mall of America

401 South Avenue
Bloomington, MN 55425
Phone: (952) 883-8901
Website: www.theatresmoa.com

SPORTS

Minnesota Twins Baseball (April – October)

Target Field
1 Twins Way
Minneapolis, MN 55403
Tickets: (800) 33-TWINS / (800) 338-9467
Website: www.minnesota.twins.mlb.com

Minnesota Vikings Football (September – January)

TCF Bank Stadium
2009 University Avenue SE
Minneapolis, MN 55455
Tickets: (612) 33-VIKES / (612) 338-4537
Website: www.vikings.com

Minnesota Wild Hockey (September – April)

Xcel Energy Center
199 West Kellogg Boulevard
St. Paul, MN 55102
Tickets: (651) 222-WILD / (651) 222-9453
Website: www.wild.nhl.com

PWHL Minnesota Hockey (January – May)

Xcel Energy Center *See above
Website: <https://minnesota.thepwhl.com/en/>

Minnesota Timberwolves Basketball (Oct – April)

Target Center
600 1st Avenue North
Minneapolis, MN
Tickets: (800) 745-3000
Website: www.nba.com/timberwolves

Minnesota Lynx Basketball (May – September)

Target Center
600 1st Avenue North
Minneapolis, MN
Tickets: (800) 745-3000
Website: www.wnba.com/lynx

Minnesota Swarm Lacrosse (December – April)

Xcel Energy Center
199 West Kellogg Boulevard
St. Paul, MN 55102
Phone: (888) 661-9276
Website: www.mnswarm.com

Minnesota United Football Club (April – Nov)

Allianz Field
400 Snelling Ave North
Saint Paul, MN 55104
Phone: 763.4SOCCER [(763) 476-2237]
Website: <https://www.mnufc.com/>